

INTRO

We are given this tiny fucked-up version of "sex-ed." in school. Some of us are taught to be ashamed, silent and passive - others are taught to be ashamed, silent, and aggressive to over compensate. But none of us are taught how to ask questions, know that we can have boundaries or how to assert them!

We think consent is a key part of "sex-ed." that is left out. We also think it's important for people of all ages to be inconstant dialogue about safe and healthy sex. None of us are too old to learn about this stuff.

consent can never be assumed, consent isn't defined the same by everybody, consent is verbal, consent can be nonverbal including body language, consent is never assumed with strangers OR long term partners, consent is an ongoing process at each new stage, consent is only possible when so is healthy communication.

♥ IN LOVE + SOLIDARITY ♥
HYSTERIA COLLECTIVE
hysteriacollective@yahoo.com

THIS IS ONLY
THE START!

THINK ABOUT
DRINKING, DRUGS
+ CONSENT.

THINK ABOUT
SURVIVOR SUPPORT.

THINK ABOUT
HAVING WORKSHOPS,
DISCUSSIONS +
POTLUCKS TO
TALK ABOUT
SAFE + HEALTHY
SEX ♥

★ COPY + DISTRO AS
YOU PLEASE ★



LET'S

TALK.

CONSENT

TALK TO FRIENDS, DATES, LOVERS,
PARTNERS, ROOMMATES, OR WHOEVER
ABOUT CONSENT!

HERE ARE SOME QUESTIONS (TAKEN
FROM CINDY — WHO DOES THE "DORIS"
ZINE) TO GET YOU STARTED!

how do you define consent?

do other people define it
differently?

are you sure about your own
intentions?

how does drinking effect consent?

do you think about people's abuse
histories?

have you ever been unsure about
whether or not the person you were
being sexual with wanted to be
doing what you were doing? did you
talk about it? ignore it?

do you think it's the other person's
responsibility to say if they aren't
into what you're doing?

do you check in as things progress
or do you assume the original consent
means everything is ok?

how might someone express that what
is happening is not ok?

do you think consent is sexy?

how does consent change in long term
relationships?

do you think it's possible to
misinterpret silence for consent?

NO MEANS NO

NOT NOW MEANS NO

WAIT... MEANS NO

I'D RATHER BE ALONE MEANS NO

NO THANKS MEANS NO

I HAVE A BOY/GIRLFRIEND MEANS NO

MAYBE LATER MEANS NO

LET'S JUST GO TO SLEEP MEANS NO

UHHH...MEANS NO

IT HURTS MEANS NO

FUCK YOU MEANS NO
(FUCK ME MEANS YES)

I'M NOT IN THE MOOD MEANS NO

YOU'RE NOT MY TYPE MEANS NO

SILENCE MEANS NO

STAYING STILL MEANS NO

I REALLY LIKE YOU BUT...
MEANS NO

YOU'RE/I'M DRUNK MEANS NO

NOT KISSING BACK MEANS NO

I'M NOT SURE MEANS NO

YOU'VE/I'VE BEEN DRINKING MEANS
NO

STOP MEANS NO

DON'T TOUCH ME MEANS NO

FUCK OFF MEANS NO

ASK

here are some ways to ask in the
heat of the moment. but don't forget
talking about it when you're not half
naked is always better

may i _____?
touch _____?
kiss _____?
put my _____?

Are you into this?
How are you feeling?
What would you like me to do?
I think it's hot when my partner
does _____ to me.
What do you like?
Would you like it if i _____?
Where do you see this going?
What should I look for if you
start to shut down?

DEFINE

how do you define consent?
write it down
and keep it in your pocket

HOMEWORK

write a list of your goals for
future sex and then write how
to achieve them.
keep it in your pocket

write a list of current boundaries
keep it in your pocket